NROTC 2011 SUMMER TRAINING

MOUNTAIN WARFARE TRAINING CENTER

MIDSHIPMAN TRAINING GUIDE
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SECTION 1 - GENERAL

1. TRAINING INSTALLATION MISSION AND HISTORY. The Marine Corps Mountain Warfare Training Center (MCMWTC) is one of the Corps’ most remote and isolated posts. The center was established in 1951 as a Cold Weather Battalion with a mission of providing cold weather training for replacement personnel bound for Korea. After the Korean Conflict, the name was changed to the Marine Corps Cold Weather Training Center. As a result of its expanded role, it was renamed the Marine Corps Mountain Warfare Training Center in 1963. MCMWTC operated on a full time basis until 1967 when it was placed in a caretaker status as a result of the Vietnam War. The training center was reactivated to a full-time command on 19 May 1976.

The Center occupies 46,000 acres of Toiyabe National Forest under the management of the U.S. Forest Service. A letter of agreement between the Forest Service and the Marine Corps permits the use of the area to train Marines in mountain and cold weather operations.

The center is sited at 6,762 feet, with elevations in the training areas ranging up to just under 12,000 feet. During the winter season (October - April), snow accumulation can reach six to eight feet. Severe storms can deposit as much as four feet of snow in a 12 hour period. Annual temperatures range from -20 degrees to +90 degrees Fahrenheit.

MCMWTC conducts formal schools for individuals and battalion training in summer and winter mountain operations. The training emphasis is on enhancing overall combat capability.

Marines at the Center are also involved in testing cold weather equipment and clothing and developing doctrine and concepts to enhance our Corps’ ability to fight and win in mountain and cold weather environments.

2. SUMMER TRAINING MISSION. From 26 June – 6 July 2010, Naval Reserve Officer Training Corps (NROTC) will conduct summer training at MCMWTC in order to:

   a. Develop confidence by exposing Midshipmen to the mental and physical challenges of operating in a mountainous environment.

   b. Educate and motivate Midshipmen to reinforce a positive interest in the Marine Corps and the NROTC program.

   c. Ensure Midshipmen understand the commitment required to train for and serve as an Officer of United States Marines.

3. SUMMER TRAINING INTENT. The MCMWTC experience provides exposure to many of the mental and physical challenges that Midshipmen will face during follow-on training and operations in the Operating Forces. NROTC MCMWTC summer training will familiarize, complement and reinforce leadership and field skills inherent to the entry level training continuum.

Midshipmen will gain a greater appreciation for the intrinsic considerations and rigors of conducting military operations in a mountain environment. In the near term, such training will provide a better understanding of the physical and mental challenges of Officer Candidate School (OCS). Beyond OCS, mountain warfare training will provide future officers a point of reference to consider while planning for and operating in such an environment.
Working daily with the MCMWTC Staff, Midshipmen will further realize the professionalism, talent and skill of the Marines with whom they will soon work and lead. Through classroom forums, practical application, field training and mentorship opportunities, the Midshipmen will depart MCMWTC with a tremendous impression of Marines, the Marine Corps and the leadership responsibilities ahead.

Due to OEF training requirements, MCMWTC has limited the number of NROTC Marine Options who will be allowed to participate in this summer’s event. The 2011 rotation will be capped at 250 seats in allocations driven by OD-3. MCMWTC will also be unable to provide individual equipment for any Midshipmen. Ideally, we will be able to reduce the number of participants to a supportable number by screening for physical ability and for possession of the complete gear list. Please do not send midshipmen with PFT scores lower than 245. The gear list has been carefully researched and there is no requirement for units to purchase or acquire additional items. However, if your unit is unable to support trainees with all the listed items, please do not send them to this training. This will inherently shrink the student pool enough that I can avoid more arbitrary measures to reduce overall numbers.

By the end of training, I intend for all Midshipmen to have a greater understanding of standard Marine field / mountain skills, to develop a basic appreciation for military operations in a mountain environment and to further realize the commitment required of an Officer of Marines. The mental and physical challenges of the program will better prepare midshipmen for OCS. Ultimately, the training will provide a more experienced Officer to the fleet.

SECTION 2 - PERSONNEL ADMINISTRATION

1. REPORTING / OUTPOSTING INFORMATION. The following is a generic sequence of events for travel to and from MCMWTC.

a. Reporting

(1) Midshipmen must arrange travel to and from MCMWTC through their parent NROTC unit. It is the responsibility of the Midshipmen and NROTC units to ensure that they arrange round trip transportation before reporting to summer training.

(2) Most Midshipmen will travel to and from MCMWTC using a round trip air Government Travel Request issued by the NROTC units. NROTC Midshipmen will receive travel and transportation allowances as prescribed in Joint Travel Regulations, paragraph M-6004.2.3. Each Midshipman is responsible for the safekeeping of their tickets. If lost, the U.S. Government will not refund replacement tickets.

(3) Travel to and from Reno / Tahoe International Airport or MCMWTC via personally owned vehicle (POV) is not authorized. If Midshipmen live within close proximity to either Reno / Tahoe International Airport or MCMWTC, they may request to be dropped off at one of the two locations provided the request has been forwarded, via email, to the MWT Operations Officer, Major Velasco, NLT 08 April 2011 for approval. Requests must indicate the reason for the alternate travel and a detailed travel plan. Units must understand in advance that all effort will be
made to maintain a single marshalling point for all in-bound Midshipmen.

(4) Midshipmen must arrive at Reno / Tahoe International Airport on 26 June 2011 no later than 1600. Upon arrival, midshipmen must locate the NROTC Summer Training Staff representative located near the baggage claim area. The representative will guide Midshipmen to busses that will transport them to the MCMWTC Lower Base Camp (LBC), Bridgeport, California.

b. Out Posting.

(1) Upon completion of administrative out processing, NROTC Summer Training Staff will transport Midshipmen to the Reno / Tahoe International Airport on 06 July 2011 for return to their home or unit. Midshipmen should plan their return flight no earlier than 0600. Midshipmen will submit travel claims to their parent commands upon completion of summer training.

2. PAY / FINANCE. Midshipmen will execute final settlement of pay and travel claims at their parent NROTC unit. Recommend each Midshipman arrive at MCMWTC with $100 cash for incidental expenses; MCMWTC has limited banking and ATM facilities.

3. CLOTHING. Midshipmen will travel to and from MCMWTC in appropriate civilian attire and will adhere to the Marine Corps’ grooming standards (i.e. proper hair cut). Appropriate seasonal civilian attire is outlined in MCO P1020.34, paragraph 1005, "civilian clothing". T-shirts, shorts and open-toes shoes are not authorized for travel.

4. VISITORS. Midshipmen will not entertain visitors during MCMWTC Summer Training.

5. RELIGIOUS SERVICES. MCMWTC has a multi-denominational base chapel. The NROTC Summer Training Staff will post times for all scheduled services. The Summer Training Staff will make every effort to accommodate religious observances depending on the training schedule.

6. LEAVE AND LIBERTY. Midshipmen will receive leave for emergency situations only. Midshipmen will receive no off-base liberty during this summer training.

SECTION 3 - TRAINING

1. TRAINING PERIOD. Midshipmen will arrive at MCMWTC on 26 June 2011. Summer Training will occur from 27 June – 05 July 2010. All personnel will depart MCMWTC on 06 July 2011.

2. SCOPE OF TRAINING. Midshipmen will receive instruction on subjects associated with operations in a mountain environment to include mountain survival, mountain mobility, and tactical mountain skills. Midshipmen will receive classroom instruction, field instruction, demonstration and conduct practical application.

3. STUDENT EXPECTATIONS. Though the MCMWTC Summer Training will not screen or evaluate students on their potential to serve as Officers of Marines, Midshipmen must conduct themselves professionally at all times. Midshipmen demonstrating gross lapses of judgment, professionalism or negligently unsafe training practices will be returned to their units before the completion of training.

4. DAILY ROUTINE. The training routine at MCMWTC Summer Training will typically commence
at 0500. Before breakfast, all hands will conduct a police call. Training will occur from 0600 to 2100. Taps will sound at 2100. Training may change due to weather; however, Midshipmen can expect to execute the training schedule.

5. **TRAINING ORGANIZATION.** Midshipmen will conduct training as an NROTC Battalion with two separate Midshipmen companies consisting of two platoons each. However, during training, these companies will conduct training as a unit.

6. **PHYSICAL.** The training at MCMWTC is some of the most physically demanding in the U.S. Marine Corps. Midshipmen must arrive prepared for the physical rigors of operating in a mountain environment with a preparatory focus on stamina and upper body strength. Upon reporting, each midshipman will undergo a conditioning assessment in the form of administrative movements around the LBC. Midshipmen **must** have an official PFT score of 245 to attend MCMWTC Summer Training. Historically, Midshipmen who score below a 245 on the PFT find the training extremely difficult and fall behind. MCMWTC imposed restrictions on class size require that only those most likely to complete training be sent.

   a. All Midshipmen must report to MCMWTC Summer Training with their medical records. Their record must contain their DoDMERB physical and current Annual Physical Conditioning Certificate (CNET Form 6220/8).

   b. To minimize the effect of blisters on training, each Midshipman must make every effort to break in one set of running shoes and combat boots for MCMWTC Summer Training. **Failure to do so will affect their ability to participate in the training.**

   c. Midshipmen who require eyeglasses must report to MCMWTC with two pairs of eyeglasses. Contact lenses are not appropriate for this particular summer training event.

   d. Midshipmen must be prepared to provide self-aid and buddy-aid during training; however, a Navy Corpsman will be at each training evolution for more serious cases. MCMWTC provides a small medical clinic, and all serious injuries will be taken to the MCMWTC Medical Clinic for stabilization and transportation to the nearest medical facility.

**SECTION 4 – FACILITIES**

1. **QUARTERS.** Midshipmen will billet in gender-segregated, open squad bay barracks when not in the field.

2. **MESSING.** Midshipmen will subsist in the MCMWTC Dining Facility when not conducting field training. Midshipmen will subsist on Meals, Ready-to-Eat (MRE) while in the field.

3. **CLUB FACILITIES.** Midshipmen will not use any MCMWTC club facilities including the base gym.

**SECTION 5 - COMMUNICATIONS**

1. **EMERGENCY CONTACT INFORMATION.** Midshipmen who experience missed flights or delays during travel must report problems as soon as possible. Families who must contact
Midshipmen during training for emergency reasons will contact the MCMWTC Officer of the Day (OOD). Individuals calling the MCMWTC OOD must clearly state the Midshipman's name, affiliation with the NROTC Program and a call-back number. NROTC Summer Training Staff will be passed the relevant information and/or make every effort to ensure the Midshipman returns the call as soon as possible.

1 877- 774 -1901 MCMWTC OOD

2. MAIL. Due to the duration of training, Midshipmen will not receive mail during this summer training.
1. **REQUIRED EQUIPMENT LIST.** Each Midshipman must arrive with all listed equipment. Midshipman arriving without the listed items will be dropped from training and sent home immediately.

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative Equipment</td>
<td></td>
</tr>
<tr>
<td>Medical Record</td>
<td></td>
</tr>
<tr>
<td>Military Identification Card</td>
<td></td>
</tr>
<tr>
<td>Travel Orders</td>
<td></td>
</tr>
<tr>
<td>Notebook</td>
<td>(1)</td>
</tr>
<tr>
<td>Pen</td>
<td>(2)</td>
</tr>
<tr>
<td>Protractor</td>
<td>(1)</td>
</tr>
<tr>
<td>Map Pens</td>
<td></td>
</tr>
<tr>
<td>Phone Card (no cellular reception)</td>
<td>(1)</td>
</tr>
<tr>
<td>Individual Equipment</td>
<td></td>
</tr>
<tr>
<td>NROTC Sea Bag Issue:</td>
<td></td>
</tr>
<tr>
<td>Utility trousers (Green MARPAT) (2)</td>
<td></td>
</tr>
<tr>
<td>Utility blouse (Green MARPAT) (2)</td>
<td></td>
</tr>
<tr>
<td>Utility trousers (Tan MARPAT) (1)</td>
<td></td>
</tr>
<tr>
<td>Utility blouse (Tan MARPAT) (1)</td>
<td></td>
</tr>
<tr>
<td>Utility cover (8-point only; Green MARPAT) (1)</td>
<td></td>
</tr>
<tr>
<td>Utility cover (8-point only; Tan MARPAT)  (1)</td>
<td></td>
</tr>
<tr>
<td>Belt, web</td>
<td>(1)</td>
</tr>
<tr>
<td>T-shirt, green</td>
<td>(6)</td>
</tr>
<tr>
<td>Drawers</td>
<td>(6)</td>
</tr>
<tr>
<td>Socks, boot</td>
<td>(6) pair</td>
</tr>
<tr>
<td>Boots (USMC brown suede; completely broken-in) (1) pair</td>
<td></td>
</tr>
<tr>
<td><strong>If the MIDN have a second pair of boots, it is highly recommended that they bring them!</strong></td>
<td></td>
</tr>
<tr>
<td>Blouse bands</td>
<td>(2) sets</td>
</tr>
<tr>
<td>Shorts, PT green</td>
<td>(2)</td>
</tr>
<tr>
<td>Socks, PT white</td>
<td>(3)</td>
</tr>
<tr>
<td>Shoes, running</td>
<td>(1) pair</td>
</tr>
<tr>
<td>Watch Cap</td>
<td>(1)</td>
</tr>
<tr>
<td>Sweat Top</td>
<td>(1)</td>
</tr>
<tr>
<td>Sweat Bottoms</td>
<td>(1)</td>
</tr>
</tbody>
</table>

**Procured from local MCB or MFR/I&I unit:**

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>GORE-TEX top</td>
<td>(1)</td>
</tr>
<tr>
<td>GORE-TEX bottom</td>
<td>(1) set</td>
</tr>
<tr>
<td>Gloves, black leather (hard leather NOT dress gloves)</td>
<td>(1)</td>
</tr>
<tr>
<td>Glove inserts, green wool</td>
<td>(1)</td>
</tr>
<tr>
<td>Polypropylene shirt</td>
<td>(1)</td>
</tr>
<tr>
<td>Polypropylene drawers</td>
<td>(1)</td>
</tr>
</tbody>
</table>
Fleece (1)
Load bearing equipment (LBV or H-harness w/cartridge belt) (1)
Canteen w/cover (2)
Canteen cup (1)
Pack (LC-1 "Alice", MOLLE, or ILBE) (1)
Iso Mat (1)
Poncho (1)
Helmet, Kevlar (1)
Camel back (green, black, tan) (1)
Modular Sleep System (Bivvy Sack required) (1)
Compass, lensatic (Required) (1)

Toiletries (Purchased by individual)
Towel (2)
Washcloth (1)
Bag, laundry (1)
Baby wipes (1) box
Sunscreen (1) bottle
Shoes, shower (1)
Razor w/ blades (1)
Shaving cream (1) bottle
Toothbrush (1)
Toothpaste (1)
Soap (2)
Soap dish (1)
Deodorant (1)
Chap stick (1)
Sunscreen (1)

Miscellaneous
Eyeglasses (if required) (2) pair
Sunglasses (conservative design) (1)
Wristwatch (1)
Knife, (3" - 4" blade) (1)
Headlamp (red lens)/extra batteries (1)
Whistle (1)
Lock, combination (1)
Ziploc bags (2 gallon size 4 Pint) (6)
Foot powder (1)
Moleskin (1) pack

Do Not bring laundry detergent due to EPA restrictions at MWTC

Note: MWTC will NOT provide your Midshipman with any gear they are missing.

S. R. LOCKHART
LTCOL   USMC